

Energy for Teens

*A class in Energy
Medicine*



*Presented by
Energy Medicine
Specialists, Inc.*

2011

Highlands Ranch, CO

Energy Medicine Specialists
PO Box 632253
Highlands Ranch, CO 80163-2253

For more information and class schedules, visit our website at: www.EnergyMedicineSpecialists.com
To receive e-newsletter updates please visit the website and register with mailer-mailer!

What is energy Medicine?

There are multiple disciplines within Energy Medicine; Healing Touch, Therapeutic Touch, Polarity, Reiki, Jin Shin, et cetera. Many nurses and doctors are trained and/or certified in Healing Touch or Therapeutic Touch. Energy Medicine has evolved from Chinese Medicine (the acupuncture meridians), Ayurvedic Medicine (the chakra system) and other investigations into the bio-energy field.

From physics we know that all matter has an associated field of energy with unique frequencies or signatures. In mainstream medicine it is these unique signatures that allow for diagnostic information to be gathered in the form of MRI's, CT's and Radiographs. Energy Medicine is analogous to harmonic resonance where a ringing tuning fork will incite a second tuning fork to vibrate. A trained practitioner (anyone can learn this) can facilitate healing by inviting the client into harmonious resonance thus acting as the initial tuning fork. Such a practitioner can identify areas of concentration or distortion in the energy field that may be caused by trauma as well as unresolved emotional/spiritual experiences. Energy Medicine has been noted to allow for quicker healing, less trauma and blood loss, and faster recovery time from surgery and illness.

Energy Medicine Specialists is a center for excellence in the field of Energy Medicine, dedicated to educating and supporting students, practitioners and clients with the highest of integrity and state-of-the-art information.

For more information about classes and clinic, please visit our website at:

www.EnergyMedicineSpecialists.com

or call 303-346-3809

Target Audience

Teenagers desiring a basic understanding and practice of healing work using energy-based concepts should attend. Teens between the ages of 12 -19 years are eligible for this fun class.

Energy for Teens Description

We will discuss energy of varying forms, play with the energy that flows around us and through us, practice balancing our own energies and get answers to questions regarding living with other energy beings. This 4-hour class is a great opportunity for teens to be introduced to like-minded peers wishing to learn about the human bio-field. It is a chance for this age group to learn that ‘they are not alone’ in some of their abilities, gifts, intuitions and frustrations. The class is designed to be FUN and a snack break occurs part way through the class. It is an opportunity for teens to experiment, learn from each other and have some of their questions answered from an energy medicine expert. Depending on the size of the class it may be split up into two age groups, 12 -15 years and 16-19 years.

The participant will learn how to:

- ❖ Describe the human energy system relationship to physical, emotional, mental and spiritual health.
- ❖ Discuss basic energy principles and the energy body.
- ❖ Discuss energy ‘work’ or healing.
- ❖ Assess the energy field.
- ❖ Demonstrate specific intervention techniques used to balance the energy system.
- ❖ Learn to experience energy; how to balance your own or other’s.
- ❖ Discuss applications of energy interventions.
- ❖ Discuss appropriate boundaries.
- ❖ Answer questions related to healthy energy.

For workshop registration, information, travel and lodging, contact: Program Coordinator at 303-346-3809

Or classes@EnergyMedicineSpecialists.com

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Class Schedule

Saturday
10:00 a.m. – 2:00 p.m.

Faculty

Faculty: Janna Moll, HTCP/I, MSN, CMT
Janna Moll has been involved healing modalities since 1993. She is a Healing Touch Certified Practitioner (HTCP) and Instructor (HTCI), teaching levels 1-6. Janna also teaches energy classes from beginner to advanced levels. She has a background in Nutrition, Ethics, counseling and is trained in 10+ disciplines in the EM field. She holds a BS degree in environmental biology and chemistry, a degree in business and an MSN in nursing. Janna owns the Heart Healing Center, Inc. in Highlands Ranch, CO. She is a mentor in the Healing Touch certification process, consults to physicians on the energetics of disease and is published on Energy Medicine. Janna presents and teaches internationally. She presented to MSF-France 9/05 in Uganda and taught HT 1 & 2 in India 2/06.

Registration*

***Class will be cancelled 2 weeks out if attendance is low.**

**Energy for Teens
Highlands Ranch, CO**

Name: _____

Age: _____

Address: _____

City: _____

State: _____ **Zip:** _____

Home phone:

Work phone: _____

E-mail: _____

Please register me for the following class:

Select appropriate tuition rate:

\$60.00 (\$50 each if paid in advance by 1 week or signing up with a friend!)

Register early to ensure your place in the class.

Make checks payable to:
Energy Medicine Specialists

Send registration and payment to:
**PO Box 632253
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